

## Parent Education Opportunities

Because children don't come with instruction manuals, we offer a variety of options for parent education. The Hull Family Network sponsors parent education workshops regularly on a variety of topics. We also have a large library of parent education topics which is available for families to check out. We can mail selected handouts/articles to families unable to get to the center to check out our library.

For reliable, research-based child development information, check out the following links:

**"1, 2, 3, Grow!":** <https://www.mass.gov/info-details/1-2-3-grow>

Listen to a parent's story and learn about healthy developmental milestones from pediatricians.

**Brain Building in Progress:** <https://www.facebook.com/BrainBuildingInProgress>

The mission is to raise awareness of the critical importance of fostering the cognitive, social and emotional development of young children by emphasizing its future impact on economic development and prosperity for everyone in Massachusetts.

**Zero to Three:** <http://zerotothree.org/>

ZERO TO THREE is a national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers.

All workshops planned by us are free but we do ask parents to register by calling **(781) 925-4400 x1108** or emailing [jmacdonald@town.hull.ma.us](mailto:jmacdonald@town.hull.ma.us) as we may need to cancel if there is not sufficient attendance or change the location based on registration numbers. Free childcare is available for most workshops but must be registered in advance.