

Jacobs School Blue Notes

December 16, 2021

Mark Your Calendar!

Dec 23—Jacobs Express Day—Wear your pajamas!

Dec 24—1st Day of Winter Vacation

Jan 3—Back to School!

A Note from the Principal

Positive cases of COVID 19 are on the rise, even here at the Jacobs School. We anticipated an uptick in cases after Thanksgiving and have seen that increase in the past ten days. **You can find the number of COVID cases on our [dashboard](#).**

We are working hard to enforce the health and safety protocols to keep everyone safe in school. Students are wearing masks and washing/sanitizing hands throughout the day. I would ask that you send your child to school with a clean mask and have an extra one in their backpacks. If your child is ill, please keep them home. Please get them tested if they exhibit symptoms of COVID-19.

In the event you or your child are diagnosed with a positive case of COVID 19 or are a close contact with someone with the virus please follow these guidelines:

- If you have tested positive for COVID-19, **you need to isolate yourself** in your home *for a full ten days* from the date of test or from symptom onset.
- When an individual has been identified as a close contact of someone who tested positive, they will need to **quarantine** away from others in order to prevent spreading the virus.
- If your child has been identified as an in-school close contact and is enrolled in the *Test and Stay Program* at school, they will be able to come to school and get tested each morning for seven days from last exposure. If that test is negative they can stay in school for the day. *They should be quarantining on weekends, when Test and Stay is not available.* If you choose not to have your child participate in *Test and Stay*, your child will need to stay out of school and get tested on Day 5 from last exposure. *If that test is negative, they can return to school on Day 8.*
- If you choose not to do either of the above, *your child should quarantine at home for a full 10 days from last exposure.*

It is vitally important that we all do our part to remain vigilant and safe in protecting ourselves, our families, and our school community.

~Mrs. Cappadona

Test and Stay Program

The Jacobs School now offers the *Test and Stay Program* which allows students who have had close contact with a person who tested positive for COVID-19 **while at school** to stay in school if the student is not showing symptoms. Instead of needing to quarantine and miss school, these students will take a daily rapid test at school and will remain in school as long as they are not symptomatic or test positive. Students participate in *Test and Stay* for a maximum of seven days (five school days) after they may have been exposed.

If a student tests positive for COVID-19 they must isolate at home for the CDC-recommended ten days since symptoms appeared or ten days since the positive test before returning to school. The student must be fever free for 24 hours.

To participate in Test and Stay, a parent/guardian must sign the consent found at [this link](#) on behalf of your child.

COVID Vaccinations

COVID vaccinations are now readily available for children ages 5-11. You'll find more information here: [COVID Vaccines Ages 5-11](#) Please let Ms. Keegan know if/when you have your child receive the COVID vaccine.

Stretch Your Food Budget (SYFB) Meal Program

Hull Public Schools has partnered with Dennis Zaia and the Hull Rotary to run a program called **Stretch Your Food Budget**. We know that, especially due to COVID-19, some families may need some additional support. This program offers weekly home delivery of free meal kits that include easy-to-make and delicious recipes along with all of the necessary ingredients. Each meal kit takes about 20 minutes to prepare and provide 4-6 servings—enough to feed a family! You can sign up just once or you can sign up every week. If you are interested in having meal kits delivered to your home, you will need to sign up each week by completing the google form at the link below. If you have any questions about the program, please contact Jenny Sheflin at jsheflin@town.hull.ma.us. [Click here](#) to register for Stretch Meal Delivery. Visit www.SYFB.space for more details about this program.

FEEL LIKE YOU'VE LOST IT? CHECK THE LOST & FOUND!

We have piles of sweatshirts, fleeces, jackets, hats and more that will soon be donated to Wellspring. If your children are missing things please instruct them to check the Lost & Found before it's too late!

Social Counseling Groups

Throughout the year, students are able to participate in a variety of counseling groups. These groups meet for 6 weeks with one of our counseling staff members and focus on a variety of topics such as self-esteem, improving attention, coping strategies, developing friendships, and more. If you are interested in having your student participate in a group please complete the following link. Completing the form shows interest in a group when it may start as groups are developed based upon referrals and students' needs. A permission slip will be sent home for you to complete prior to a group starting. <https://tinyurl.com/jacobsgroups>

Community Resource Notes

Sargent Child & Family Services in Norwell offers a variety of services for children and families. In January they will be having a number of social groups starting for children of all ages (2-18) and all abilities. The agency also offers ABA therapy, counseling, parent/caregiver support groups, music therapy, OT, and speech services. If you are interested in more information or enrolling for a group, visit their website at www.sargentchild.com/contact



Hull PTO December 2021 Meeting

On Zoom tonight, December 16, at 7pm
Email secretary@hullpto.org for the link



Send photos of RAD Jacobs Pirates having fun in their Core Value T-Shirts or school colors to Mr.

Shaw at kshaw@town.hull.ma.us! They'll be featured in our next Spirit Day slideshow and maybe right here in the Blue Notes!