JACOBS SCHOOL BLUE NOTES SEPTEMBER 2, 2021

A Note from the Principal

Welcome back to school! Welcome to all our new families and our 51 new Kindergarten students. We are so excited to get to know you all. Yesterday was a smooth return with only a few hiccups with arrival and dismissal. Thank you in advance for your patience as we get our timing down.

This year we started our morning announcements with a three-minute breathing activity that incorporates stretching, focusing, and relaxation to get our brains and bodies ready for learning. All our teachers and staff throughout the district participated in Calm Classroom training. Calm Classroom activities teach mindfulness skills that support mental and emotional well-being. We will teach students that Mindfulness is a Super Power and incorporate Calm Classroom activities and our Toolbox Tools daily to cultivate self-awareness, mental focus, and emotional well-being throughout the year. Mindfulness activities provide brain breaks and help students understand how to refocus their brains for learning. These activities go hand in hand with our Toolbox Tools that we will continue to reinforce throughout the year. (New students and kindergartners will learn our 12 tools.) Your child's social-emotional learning is as important to us as their academic learning. Here is a link for more information https://calmclassroom.com/

This year we are focusing on having the "Best Year Ever"! Together, we make the Jacobs the best it can be. Please don't hesitate to reach out to your child's teacher or me with any questions or concerns.

~Mrs. Cappadona



Mark Your Calendar!

Sept 3—No School Sept 6—Labor Day Sept 7—PK Begins! Sept 8 & 20—School Committee 6:30pm @ HHS Sept 16—Jacobs School Open House 6-8pm Sept 22—Early Dismissal 12:15pm Sept 29—Jacobs School Council 6-7pm

Forms to Return to School:

Some forms have been sent home for parent/guardian review/signature. Please return the following completed forms to your child's classroom teacher by Wednesday, September 8:

- Device Acceptable Use Signature Page/ Handbook Signature Page (Click here for another copy.) Please read the Student Handbook and discuss it with your child. You will find it on our website by clicking here. Chromebooks and iPads will not be given to students until these signed forms have been returned to teachers.
- 2. **Preprinted health form** Please make sure we have the correct information in our system and return the form to school.

Before and After School Childcare Program

Our new **Before and After School Childcare Program** starts on **September 13**. Students must be registered to attend. Please click <u>here</u> for a registration form.

Hull PTO Meeting

Tuesday, September 21 @ 7pm at the Jacobs School Childcare will be available. Please email Amy Hyde if you'll need childcare so that enough sitters are available.

Christine Cappadona, Principal

Kyle Shaw, Assistant Principal

The Hull Public School System Does Not Discriminate On The Basis of Age, Race, Color, National Origin, Gender, Gender Identity, Disability, Homelessness, Religion, or Sexual Orientation.

"Helping Hands Make Our World a Better Place"

Back in June, students in grades 3-5 participated in a virtual visit with author and Hull High School art teacher Amanda Davis. Following the Zoom meeting, teachers read Ms. Davis' book, *30,000 Stitches: The Inspiring Story of the National*

9/11 Flag, to their students. Students then created this beautiful collage of helping hands, each holding a student's personal message of hope. The collage is on display for all students to appreciate throughout the day.

