








Welcome to our Lunch Cafe at...

Jacobs Elementary

December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2  Grilled Cheese Sandwich Sweet Corn Fresh Pear Fresh Apple Sliced Pears Sliced Peaches Dried Cranberries	3 Chicken Nuggets Fresh Apple Fresh Orange Sliced Peaches Strawberry Cup Raisins Tomato Salad	4 Pasta & Meat Sauce Homemade Garlic Bread Fresh Pear Fresh Apple Sliced Pears Sliced Peaches Dried Cranberries Shredded Carrots <i>Garlic Bread made with fresh garlic from the Jacobs school garden!</i>	5 Soft Tacos Fiesta Corn Fresh Apple Fresh Orange Sliced Peaches Strawberry Cup Dried Cranberries Cinnamon & Honey Roasted Beans	6 Cheese Pizza Garden Salad Fresh Pear Fresh Apple Fresh Melon Cup Mixed Berry Cup Raisins
9  Cheese Ravioli with Tomato Sauce Sweet Corn Fresh Banana Fresh Pear Mixed Berry Cup Diced Peach Cup Raisins	10 Crispy Popcorn Chicken Fresh Orange Fresh Apple Mixed Berry Cup Sliced Peaches Raisins Grape Tomatoes	11 Beef Hot Dog on Bun Homemade Peach Cobbler Baked Beans Fresh Baby Carrots Fresh Apple Sliced Oranges Mixed Fruit Strawberry Cup IT'S STUDENT APPRECIATION DAY	12 Homemade Pasta & Meatballs Green Beans Fresh Apple Fresh Pear Mixed Fruit Strawberry Cup Raisins Cucumber Coins	13 Cheese Pizza Spinach Salad Fresh Orange Applesauce Fresh Apple Diced Peach Cup Raisins
16  Fluffy Whole Grain Pancakes Crispy Potato Puffs Fresh Banana Fresh Apple Mixed Fruit Dried Cranberries Fresh Baby Carrots BRUNCH FOR LUNCH TODAY!	17 Chicken Nuggets Fresh Apple Fresh Pear Applesauce Fresh Melon Cup Dried Cranberries Tomato Salad Lucky Tray Day!	18 Crispy Chicken Sandwich Oven Baked Fries Fresh Apple Fresh Orange Sliced Peaches Strawberry Cup Dried Cranberries Fresh Baby Carrots	19 Homemade Mac & Cheese Green Beans Fresh Apple Fresh Pear Mixed Fruit Strawberry Cup Raisins Cucumber Coins	20 Cheese Pizza Garden Salad Fresh Pear Mixed Berry Cup Strawberry Cup Fresh Apple Raisins Fresh Baby Carrots
23 SCHOOL CLOSED TODAY	24 SCHOOL CLOSED TODAY	HOLIDAY JOY 	26 SCHOOL CLOSED TODAY	27 SCHOOL CLOSED TODAY
30 SCHOOL CLOSED TODAY	31 SCHOOL CLOSED TODAY	<div>  <p>Whitson's proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.</p>  </div> <div>  </div>		



We recognize consumers are reducing their meat intake and instead embracing more plant-based foods for their positive impact on the planet and our health. In response, we are expanding our menu offerings to include more plant-based, vegan and meatless options.

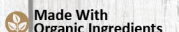


Breakfast available daily for all students!

Regular Breakfast: \$1.75
Reduced Breakfast: \$0.30

Lunch Prices

Regular Lunch: \$3.00
Reduced Lunch: \$0.30



Alternate Meals Available Daily

Bagel Fun Lunch: whole wheat bagel with low fat cream cheese, low fat yogurt, and cheese stick

Simply Boxed Lunch: Mighty Egg w/Boiled Egg, Yogurt, Cinnamon Tortilla, Fruit. Yogurt Sunrise w/Yogurt, Sunflower Seeds, Organic Granola & Fruit.

Belgium Waffle w/Sunbutter, Yogurt, Fruit.

Garden Salad Entree: mixed greens with tomatoes, sliced cucumbers, carrots, low fat shredded cheese & 2

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menus are subject to change without notice.