

## **COVID Guidelines March 2022**

### **Protocol A: For individuals who test positive for COVID-19**

**Duration:** Self-isolation for COVID-19 positive cases is a minimum of 5 days after symptom onset or after a positive PCR or antigen test if asymptomatic.

**Return to School:** After 5 days, and once they have:

- Been without a fever for 24 hours (without medication)
- Experienced improvement in other symptoms
- Following the 5 day isolation period, individuals must mask for an additional 5 days when around others, other than when eating, drinking or outside.

**Note:** Return to school should be based on time and symptom resolution.

**Testing is not required to return to school after isolation.**

### **Protocol B: For asymptomatic close contacts.**

**Weekly at-home rapid antigen tests.** Families are provided with rapid antigen tests every other week. They will be sent home with students on Wednesdays. Each kit contains two tests. We are asking families to test their child **every Thursday**. Negative results do not need to be reported. If your child is positive, we ask that you call the School Nurse to report. Under this new option, individuals will no longer be identified as close contacts within the school setting.

However, individuals may still be identified as close contacts outside of school setting (e.g. as a close contact of someone who tests positive in their household or outside activity).

In these cases **asymptomatic, vaccinated individuals** remain exempt from quarantine and testing protocols. If an asymptomatic, vaccinated individual is identified as a close contact outside of school they may return to school. Individuals should closely monitor for symptoms and follow Protocol C if they experience symptoms.

**Unvaccinated individuals** who are identified as close contacts outside of school setting should stay home and follow **Protocol B\*** below before returning to school:

### **Protocol B\* (New Version) Protocol for **asymptomatic, unvaccinated** individuals identified as close contacts outside of school settings.**

**Duration:** Quarantine is for at least 5 days from the date of exposure

**Return to School:** After 5 days, returning on Day 6, provided that they

- Remain asymptomatic
- Negative PCR or antigen test on or after Day 5
- Adhere to strict mask use, other than when eating, drinking or outside,
- Conduct active monitoring for symptoms through day 10

- Self-isolate if symptoms develop

### **Protocol C: Protocol for symptomatic individuals**

Protocol C applies to **vaccinated and unvaccinated** individuals who experience COVID-19 symptoms and have not yet tested positive for COVID-19.

**Duration:** Dependent on symptom resolution

**Return to School:** Individuals may return to school after they:

- Have improvement in symptoms
- Have been without fever for at least 24 hours without the use of medication
- It is also recommended that individuals receive a negative PCR or antigen test for COVID-19