

## Visual Motor Work Out

1. Circle all the 100s you can find:

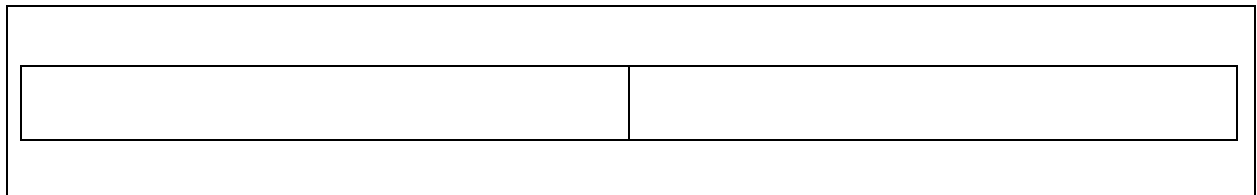
100 010 100 100 001 100 **100** 001 100 100 101 01 100 10000 100 001

101 **100** 100 010 10 100 100 **101** **100** 101 10 100 **01** 100 **101**

**100** 100 010 100 00 **10** **100** 10 100 10 001 101 100 **1000** 100 10

Count them and check the answer sheet to see if you have the correct number.

2. You will need 4 colored pencils or crayons (yellow, red, blue, green) for this next one:



- Color the right inner rectangle blue
- With a red pencil draw Xs above the two inner rectangles, but within the outer rectangle.
- With a green pencil draw Xs below the two inner rectangles but within the outer rectangle.
- Take your yellow pencil and color the left inner rectangle yellow.
- With any color write your name below the whole shape

Check the answer sheet to see if you have it correct.

3 Trace the lazy 8s with a pencil

You should be crossing the midline as you trace.

Make your own here:

A large, empty rectangular box with a thin black border, intended for a child to draw their own lazy 8s.

4. Look at this picture for 10 seconds and remember the image. Cover it up.



- What color is the skateboard?
- What color is the boy's shorts and shirt?
- Are the wheels on the ground?
- Which arm is facing down?
- What protective gear is the boy wearing?

5. Put a line through all the ds:

d d b d b d d b d b d b b d d d b d d b d

b d b b d d b b d d d b b d d b d b

How many did you find? Check the answer page.

6. Circle the numbers in order from 1-10 in order.

2 3 1 4 2 2 3 4 1 6 5 7 6 7 9 8 10 9 10

7. Circle the numbers 11-20 in order.

12 11 2 14 12 11 13 14 16 15 17 12 16 15 16

17 19 16 18 19 17 19 20

8. Last problem. Circle the greater than symbols >

> < > < < > > < > < > > <

> < > > > < < > > < < > <

How many did you count? Check the answer sheet.

## Answer sheet

1. 23

2.

XX	
Colored yellow	Colored blue
XX	

Name here

4. The skateboard is blue and yellow.  
The shorts are yellow and the shirt is red.  
The front wheels are off the ground.  
The right hand is pointing down. He is facing you, so he is mirrored.  
He is wearing knee and elbow pads and a helmet.

5. 22 ds

6. The highlighted numbers are correct.

2 3 1 4 2 2 3 4 1 6 5 7 6 7 9 8 10 9 10

7. The highlighted numbers are correct.

12 11 2 14 12 11 13 14 16 15 17 12 16 15 16

17 19 16 18 19 17 19 20

8. 14 > signs

