# Enand Holly Hill Farm: A Farm for Teaching \& Learning 

January 2 - March 18, 2024

# Winter Sessions ...on the Farm 

Join us for our 10 -week ${ }^{*}$ sessions! Sessions meet one day per week.
Tiered pricing available.


## Healthy Cooking

Mondays, Ages 8-12
Create and warm up with us around the masonry oven or farm stove! Children will work with our farm health coach and educator to prepare recipes, which may include winter crops and various root vegetables, flatbreads, soups, baked goods, rice bowls, chips, and more. Children will also learn how to prepare foods safely and healthfully.
(Monday sessions meet 9 weeks)

## Outdoor Exploration \& Creation

Tuesdays, Ages 5-7 or Wednesdays, Ages 8-12
Children will explore and create within the secret areas around the farm, including the woods, meadows, and Ice Pond. Each outing will open their eyes to new places and possibilities as they learn to navigate, observe, and create within the winter settings of the farm. Children may be using compasses, building full-size shelters, creating winter fairy homes, tracking animals, and more. The Wednesday older group will also learn how to cook simple foods over an open fire and build winter tools.

## Winter STEAM

Thursdays, Ages 5-8: Based on the many science themes of winter, children will experiment, engineer, solve problems, create art, write poems and stories, and more. Some of these themes may include formation of ice and snow, maple sugaring, winter farming, and

